

CLIMB JBHEL TOUBKAL – TWO DAYS

1st Day: We are going to start from Imlil 1741m passing over Achain village, it is famous for its refugee (Casbah de Toubkal) it's build by an English man and a man from same village. After that we take a path that goes to Armed village which is 1960m, it is biggest village in Imlil valley. Afterword cross a wide river to the left as well as start climb mountain to Chamharouch is a marabout (hold man) is 2310m. Here is the middle of the road, place for lunch and break, after rest turn to the right and taking a path to Dodmert. There is a shop and drinks place. Here the oxygen comes less because it starts 3000m after 30 minute we will be in refuge de Toubkal, 3207m, and we will spend first night here to take a rest and ready to second day.

2nd Day: The hikers are waking up early, at five o'clock, to have breakfast and ready to move at 5h30m to the climb highest peak in the North African, 4167m altitude and it will take more than three hours and half to be in the top early without feel tired. After visit the top, when the hikers are ready to come down we will start and it will take about 4 hours to reach refuge to have lunch, rest a bit and ready to come back to Imlil taking same route.

The hiker should be on good shape, the path is not very difficult, but it's anyway high altitude to climb. The best season to climb Toubkal is from May to October (depending on weather). On winter it must be climb with crampons. The lack of oxygen affects different to each person.